

# Skintricate Tattoo Company

## Microdermal Aftercare

First off, thank you for choosing Skintricate Tattoo Company as your shop of choice!!

You have just received a professional, safe, and sterile body piercing. We have used the highest surgical implant grade surgical steel for your jewellery and throughout the piercing procedure. We have done our part; now let us focus on your part!

It is now up to you to take care of your new piercing, so remember: **it is normal for the piercing to become swollen and red within the next 24hrs, and you can expect it to get crusty and somewhat sore within the next 48hrs.** Healing time varies from 4 to 6 weeks, however it is usually 12 weeks before you can change the top.

### H2OCEAN SPRAY

If you purchased an H2Ocean Piercing Spray, follow these simple instructions for 4 - 6 weeks:

1. Spray on desired area 2 times a day minimum (e.g. once when you wake up, and again before you go to bed).
2. Once sprayed on, simply let it air dry. Do not pat dry or immediately cover with a bandaid.
3. Place your new bandaid on the piercing once dry.
4. Be sure to use latex free circular bandaids. The adhesive is to be even all the way around, as it ensures a tight seal to both keep it free from dirt or snags, and ensures the jewellery is being kept tight and flat against your skin, which is crucial in the first 3-5 days of healing.
5. You will be cleaning and changing the bandaid on this piercing 2 times a day (e.g. once when you wake up and once before you go to bed).
6. Repeat Steps 1 through 5 for 5 days.
7. **Day 6 – 6 weeks: Perform steps 1 and 2 twice a day.**

### SOAP AND WATER

If you have decided to heal your piercing with just soap and water, follow these instructions for 4 - 6 weeks:

1. Wash your hands before you clean your piercing!
2. Take off the bandaid.
3. We recommend that you use non-scented soap (e. g. Dove or Ivory), or spectro gel.
4. Gently lather the soap around the piercing, making sure not to touch the jewellery itself.
5. Run warm water over the area to rinse off the suds and other debris that may come off. You may do this a few times to ensure there is no more soap residue left.
6. Let it air dry, or use a blow dryer on cool.
7. Place a new bandaid onto the area, ensuring that the cotton part of it is being pressed against the jewellery first before pressing the adhesive down.
8. Be sure to use latex free circular bandaids. The adhesive is to be even all the way around, as it ensures a tight seal to both keep it free from dirt or snags, and ensures the jewellery is being kept tight and flat against your skin, which is crucial in the first 3-5 days of healing.
9. You will be cleaning and changing the bandaid on this piercing 2 times a day (e.g. once when you wake up and once before you go to bed).
10. Repeat Steps 1 through 9 for 5 days.
11. **Day 6 – 6 weeks: Perform steps 1 through 6 twice a day.**

### DO NOT!!

All of the precautions listed below are important to follow for a **minimum of 14 days** after the piercing, as all could result in serious irritation, pro-longed healing and, of course, a very nasty infection!

1. DO NOT play with, move/twist, or touch the piercing!
2. DO NOT let other people touch your piercing, including pets.
3. DO NOT use rubbing alcohol, hydrogen peroxide, Bactine, salt and water, or wound healing creams/ointments, such as polysporin, bacitracin etc.
4. DO NOT cover or wrap your piercing in any form of dressing ie. Gauze or Band aids.
5. DO NOT pick, pull, peel or scratch off any crusties/scabs.
6. DO NOT go swimming in a pool, hot tub, lake, whatever, for at least 2 weeks.

If you have any problems or questions please don't hesitate to call us here at the shop 905-858-5055.

Your piercer's name is Anna or Luke!